

JCTR BASIC NEEDS BASKET: LUSAKA

NOVEMBER 2012

(A) COST OF BASIC FOOD ITEMS FOR A FAMILY OF FIVE IN LUSAKA

Commodity	Kwacha	Quantity	Total
Mealie Meal (breakfast)	53,600	2x25 Kg bags	107,200
Beans	12,300	3 Kgs	36,900
Kapenta (Siavonga)	93,300	2 Kgs	186,600
Dry Fish	48,300	1 Kg	48,300
Meat (mixed cut)	29,500	4 Kgs	118,000
Eggs	8,500	2 Units	17,000
Vegetables (greens)	4,200	4 Kgs	16,800
Tomato	6,900	4 Kgs	27,600
Onion	4,400	2 Kgs	8,800
Milk (fresh)	5,100	4x500ml	20,400
Cooking oil	35,100	3 litres	42,120
Bread	4,700	1 loaf/day	141,000
Sugar	14,400	3x2Kgs	43,200
Salt	3,200	1 Kg	3,200
Tea (leaves)	33,200	1 Kg	33,200
Sub-total			K850, 320

(B) COST OF ESSENTIAL NON-FOOD ITEMS

Charcoal	117,500	2 x 90 Kg bags	235,000
Soap (Lifebuoy)	2,900	10 tablets	29,000
Wash soap (Boom)	4,400	4 x 400 g	17,600
Jelly	11,800	1 x 500 ml	11,800
Electricity (medium - fixed)	372,000		372,000
Water & Sanitation (med - fixed)	210,000		210,000
Housing (3 bedroom)	1,750,000		1,750,000
Sub-total			K2, 625,400

Total for Basic Needs Basket **K3, 475,720**

Totals from previous months	Oct 11	Nov 11	Dec 11	Jan 12	Feb 12	Mar 12	Apr 12	May 12	June 12	July 12	Aug 12	Sep 12	Oct 12
Amount	K2,917,150	K2,904,550	K2,904,150	K2,968,280	K2,996,120	K2,935,680	K2,907,540	K2,909,820	K3,395,660	K3,445,000	K3,456,360	3,455,500	K3,450,060

(C) SOME OTHER ADDITIONAL COSTS

Item	Kwacha	Item	Kwacha
Education		Transport (bus fare round trip):	
Grades 8-9 (User + PTA/year)	K400, 000 – K600, 000	Chilenje-Town	K8, 000
Grades 10-12 (User + PTA/year)	K650, 000 – K1, 000,000	Chelston -Town	K8, 600
School Uniform (grades 8-12)	K100, 000 – K200, 000	Matero-Town	K8, 000
Health (clinic)		Fuel (cost at the pump)	
Registration (book)	K3, 000 - K5, 000	Petrol (per litre)	K8, 155
Self referral (Emergency Fee)	K 5, 500	Diesel (per litre)	K7, 566
Mosquito Net (private)	K30, 000 – K120, 000	Paraffin (per litre)	K5, 154

(D) SOME COMPARATIVE FIGURES OF WAGES--"TAKE HOME PAY"

	Teacher	Nurse	Secretary in Civil Service	Average Monthly Income in Urban Low-Cost Area - CSO
Pay Slip	K1,695,174.82 to K2,725,990.49	K2,418,245.99 to K2,798,245.99	K1,633,715.49 to K2,749,227.15	K1,403,000 (2010 Living conditions survey)

This survey was conducted on **30th November, 2012** by the Social Conditions Programme of the Jesuit Centre for Theological Reflection. Average prices were calculated on the basis of prices gathered from retail outlets at Northmead, Shoprite (Cairo Road), City Market, Chawama, Chainta, Kabwata, Matero and schools, clinics/hospitals and filling stations around Lusaka. The November Basic Needs Basket is approximately **US\$682** based upon an average middle exchange rate of 5100 Kwacha per US\$ at the end of November.

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